

Effect of nutritional status on prevalence of anaemia among females

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Anaemia is a serious problem among females. The study focused to determine the prevalence of anaemia and also study the effect of health and nutritional factors on prevalence of anaemia. Results shows that seventy per cent of females were suffering from anaemia inspite of having regular eating pattern of food and these females were also aware about the problem of anaemia. Many of respondents did not have their routine haemoglobin check up and that may be one of the causes of prevalence of anaemia. The prevalence of anaemia was affected by the age among the females. Females having normal BMI were also suffering from anaemia.

Key Words : Iron deficiency anaemia, Body mass index, Red blood cell, Haemoglobin, World health organization, United national international children's emergency fund

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